

FML

Food's my life!

Choc-Peanut Bliss Balls

16 pitted Medjool Dates

¾ cup raw almonds

2 tbsp all natural crunchy or smooth peanut butter

1 generous tbsp cocoa powder

1 tsp vanilla extract

1. Place all ingredients except the almonds in your food processor. Process until the mixture becomes a thick paste
2. Add the almonds and pulse until the nuts are as chunky as you like them
3. Check that the mixture is the right consistency for rolling into balls. If it is a little too dry – add a tbsp of maple syrup or honey at this point
4. Roll into balls and store in the refrigerator

It's as easy as that!